

Chip P.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Trigger Point Performance Therapy - MCT Certified
- Olympic and power lifting
- Marathon and Triathlon finisher
- Played college football and rugby



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 369