

# Jack A.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Marketing from Bryant University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Functional training
- Sports performance
- Weight loss
- Boxing
- Rugby



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)