

# Eric N.



**Master Trainer**  
**Fitness Manager**  
**Team Member Since: 2002**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Kinesiology from Angelo State University
- MA in Exercise Physiology from University of Texas
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Kickboxing
- Jiu-jitsu
- Traveling



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