

# Mandy H.



**Certified Personal Trainer  
Team Member Since: 2011**

## Education & Certifications

- BA in Sociology from University of Mary-Hardin Baylor
- MA in Applied Sociology from Baylor University
- AED (Automated External Defibrillator)
- CPR Certification
- World Instructor Training School - Personal Trainer Certification

## Hobbies and Achievements

- Danskin sprint triathlon series
- Running
- Swimming
- Biking
- Weight training



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 372