

Kyle P.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Business Management from Grambling State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Drafted by the Washington Nationals in 2007
- Kick Boxing and Jiu Jitsu
- Won a D1 Division Title at Grambling State in 2010
- Power Lifting
- Strongman Competition
- Sport Performance Training



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining