

Alexandra S.



**Certified Personal Trainer
Team Member Since: 2011**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Perform Better CEU
- Primal move CEU
- Working out and nutrition
- Fashion and accessorizing
- Makeup, nails, and hair
- Dancing
- Friends and family



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining