

Jessie H.



**Certified Personal Trainer
Team Member Since: 2011**

Education & Certifications

- Vocational Nursing License
- Cooper Institute - Biomechanics of Resistance Training
- Cooper Institute - Personal Trainer Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Dance
- Travel
- Fitness



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