

# Justin B.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Psychology from the University of Tennessee Chattanooga
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Football
- Track
- Personal fitness



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 375