

# Nate W.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- MS in Kinesiology from Dallas Baptist University
- BS in Kinesiology from Dallas Baptist University
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- Cooper Institute - Biomechanics of Resistance Training
- CPR Certification

## Hobbies and Achievements

- Graduated with honors
- Alpha Sigma Omega honor society



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Club ID: 375