

Gabe E.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- American Fitness Professionals and Associates Certification
- CPR Certification
- KETTLEBELL – Certified Kettlebell Instructor
- National Academy of Sports Medicine - Certified Personal Trainer
- Professional Fitness Training Association - Personal Trainer Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Basketball
- Running
- Cooking
- Traveling



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 377