

Kelly S.



Certified Personal Trainer
Master Trainer
Team Member Since: 2004
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Exercise and Sports Science from Southwest Texas State University
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Travel
- Spending time with my kids



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 377

