

# Kelly S.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2004**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Exercise and Sports Science from Southwest Texas State University
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Travel
- Spending time with my kids



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)