

Ross D.



Master Trainer
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Biology from University of Texas
- MA in Exercise Science from Texas State
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Cycling
- Camping
- Outdoor activities



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 377

