

Jessica W.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BA in Theatre/Theatre Education from Western Washington University
- MA in Theatre from Louisiana State University
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Hiking
- Skiing
- Cooking
- Climbing
- Working Out
- Running



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