

Michael P.



Certified Personal Trainer
Team Member Since: 2012
Sessions Serviced:5,000 +

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Strength and Conditioning Assoc. - Certified Personal Trainer

Hobbies and Achievements

- Basketball
- Coaching AAU
- Snowboarding



For more info about this trainer,
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24hourfitness.com/personaltraining