

Anthony C.



Certified Personal Trainer
Team Member Since: 2004
Sessions Serviced: 10,000 +

Education & Certifications

- BS in Finance from University of Arizona
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Coaching Bodybuilders and Power lifters
- Working out
- 1998 AAU Northwest Regional Power lifting Champion undefeated in competition
- 1998 1st Place Mr. Seattle Bodybuilding Championship
- 1999 1st Place Iron man Bodybuilding Championships



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