

Jessica B.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Biology from Northern Michigan University
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

Physique and Figure Training Specialist
Certified Stress Management Coach
BodyPump, CXWORX, Turbokick, Piyo, and Hip Hop Hustle Instructor
Ran 61 marathons and ultra marathons
Figure Competitor and fitness modeling



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 403

