

# Ali C.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Anatomy and Physiology from University of Washington
- BA in Political Science from University of Washington
- Aerobic and Fitness Association of America - Personal Trainer Certification

## Hobbies and Achievements

- Mixed Martial Arts
- Strength and Conditioning
- Nutrition
- Hiking
- Surfing



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