

Justin L.



Master Trainer
Certified Personal Trainer
Assistant Fitness Manager
Team Member Since: 2005
Sessions Serviced: 15,000 +

Education & Certifications

BA in Business from Washington State University

- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

Bodybuilding
Cooking
Hiking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 406

