

# Angie L.



**Certified Personal Trainer**  
**Group X Instructor**  
**Team Member Since: 2009**

## Education & Certifications

- BS in Business Management from Portland State University
- AED (Automated External Defibrillator)
- American Fitness Professionals and Associates Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Cycling
- Family
- Triathlons
- USA Triathlon Level 1 Coach



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