

Derek S.



Certified Personal Trainer
Master Trainer
Group X Instructor
Team Member Since: 2008
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Anthropology, Criminal Justice and Sociology from Washington State University, Vancouver
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Retired U.S. Army
- Skydiving
- Mountain Biking
- Hiking



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