

Elizabeth S.



**Certified Personal Trainer
Group X Instructor
Team Member Since: 2011**

Education & Certifications

- BA in Business from BYU
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Group X
- Hanging Out at the Beach
- Outdoor Sports



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining