

# Kelsey B.



**Certified Personal Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- BA in Health and Physical Education from Concordia University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

## Hobbies and Achievements

- Hiking
- Running trails
- Defensive Player of the Year - College Soccer, 2002



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 411

