

# Kevin O.



**Master Trainer**  
**Team Member Since: 2012**  
**Sessions Serviced: 10,000 +**

## Education & Certifications

- BA in Business Administration from Warner Pacific College
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- All Sports - Track, Basketball, Soccer and Wrestling
- Martial Arts
- Manage Salmon Creek Indoor Soccer Team



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