

Sherri P.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- BS in Exercise Science from Portland State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Personal Trainer and fitness instructor for 30 years
- Physical Therapist for 13 years
- 1st Place in 2011 Triathlon
- Water skiing
- Camping



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 411