

Christian A.



Certified Personal Trainer
Team Member Since: 2008

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Fitness
- NBA
- NFL



For more info about this trainer,
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24hourfitness.com/personaltraining