

# Christine K.

## Education & Certifications

- BS in Health Science from CSU Chico
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification



**Group X Instructor**  
**Certified Personal Trainer**  
**Team Member Since: 2013**

## Hobbies and Achievements

- Soccer
- Running
- Cycling
- Trail Running
- Cooking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 413

