

Carole H.



Master Trainer
Team Member Since: 1999
Sessions Serviced: 2,000 +

Education & Certifications

- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Road biking
- Snorkeling
- Traveling



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining