

Joe B.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Health & Physical Education from Southern Oregon University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Trail Running
- Rock Climbing and Mountaineering
- Mountain Biking
- Snow Boarding and XC Skiing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 415