

# Bobby M.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2005**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Played 2 years Collegiate Soccer at Shoreline Community College - 2005-2007
- Won 2 Bodybuilding Titles - 2009 and 2010 Vancouver Natural
- Proud Member of Washington Army National Guard
- Spending Time with my Wife and Dog
- Cheering ALL Seattle sports - Especially my beloved Huskies!



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)