

Dominique S.



Certified Personal Trainer
Team Member Since: 2013
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Spending time with my boyfriend and our corgi
- 5K, 1/2 AND Full Marathon Training
- Played Soccer for 20+YEARS



For more info about this trainer,
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24hourfitness.com/personaltraining