

Geanna D.



Certified Personal Trainer
Master Trainer
Team Member Since: 2002
Sessions Serviced: 10,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Fitness Professionals and Associates Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Strength Training and Conditioning
- Competing on the Stair Climber with my Husband
- Traveling to Warm Places



For more info about this trainer,
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24hourfitness.com/personaltraining