## Amy R.



Certified Personal Trainer Team Member Since: 2011

## **Education & Certifications**

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness Personal Trainer

## **Hobbies and Achievements**

- Argentine Tango
- Hiking and backpacking
- Traveling



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

