

Ashley B.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- BS in Kinesiology & Fitness, Nutrition and Health from San Diego State University
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Food
- Health & Fitness
- Music



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining