

# Brian L.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology and Sports Management from James Madison University
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Lacrosse
- Weightlifting
- Boxing
- Golf
- Snowboarding



For more info about this trainer,  
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Club ID: 423