

Jen G.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Criminology from Florida State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Reading and writing
- Spending time with my dog
- Soccer - competes on an indoor soccer team
- Tennis - played at Queens College



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 425

