

# Kate J.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Exercise Science from Linfield College
- MS in Exercise Science from Central Washington University
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification

## Hobbies and Achievements

- Running
- Camping
- Hiking
- Snowmobiling
- Four-wheeling



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