

# Robert V.



**Certified Personal Trainer**  
**Group X Instructor**  
**Team Member Since: 2012**  
**Sessions Serviced:10,000 +**

## Education & Certifications

- BS in Health and Human Performance from Fort Hays State
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- 4 year collegiate wrestler (1999 - 2003)
- Middle and high school wrestling coach for Bonner Springs.



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 432

