

Robert V.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2012
Sessions Serviced:10,000 +

Education & Certifications

- BS in Health and Human Performance from Fort Hays State
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- 4 year collegiate wrestler (1999 - 2003)
- Middle and high school wrestling coach for Bonner Springs.



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining