

# Justin W.

## Education & Certifications

- BS in Exercise Sports Science from University of Utah
- 24 Hour Fitness - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist



**Certified Personal Trainer**  
**Team Member Since: 2006**

## Hobbies and Achievements

- Spending time with my kids
- Playing and watching football
- Wakeboarding
- Foreign languages
- Traveling



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 433

