

Kristina P.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Exercise Physiology from University of Utah
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- American College of Sports Medicine - Certified Health Fitness Specialist
- CPR Certification

Hobbies and Achievements

- Dance
- Art
- Pre-K and Kindergarten Teacher



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 433

