

Annie M.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Political Economics, French from University of California, Berkeley
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Tae Kwon Do - 2nd degree black belt
- Bodybuilding - NPC Bikini division
- Kiteboarding
- Snowboarding
- Endurance Running



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