

Johanna W.

Education & Certifications

- BA in English - Writing from Northwestern College
- MFA Motion Pictures and Television: Screenwriting from Academy of Art University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Certified Personal Trainer
Team Member Since: 2008
Sessions Serviced: 2,000 +

Hobbies and Achievements

- Gymnastics
- Writing
- Film
- Reading
- Yoga



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