

Kristina K.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2011

Education & Certifications

- BS in Biology from University of San Diego
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Contemporary Dance and Ballet
- Capoeira



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