

Wayne F.



Certified Personal Trainer
Team Member Since: 2012
Sessions Serviced: 5,000 +

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Playing and watching sports
- Sending time with family and friends
- Playing with my dog
- Creating fun and challenging workouts
- Trying new things



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 436

