

Chris W.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

BS in Sociology from CU Boulder

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

Collegiate Basketball
Coaching/Teaching
Crossfit
Hiking and Camping



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 438