## Justin R.



Certified Personal Trainer Team Member Since: 2012

## **Education & Certifications**

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer

## **Hobbies and Achievements**

Snowboarding Kettle Bells Running Volleyball Football, Wrestling, Baseball



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

**Club ID: 438** 

