

Susan R.



**Certified Personal Trainer
Group X Instructor
Team Member Since: 2012**

Education & Certifications

Early Childhood Education from Univ. of Missouri

- AED (Automated External Defibrillator)
- CPR Certification
- International Fitness Professionals Association - Personal Fitness Trainer Certification

Hobbies and Achievements

- Outdoor walking, cycling, swimming, soccer, and skiing



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