

Courtney B.



**Certified Personal Trainer
Team Member Since: 2011**

Education & Certifications

- BA in Psychology and Criminology from Western Washington University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Traveling
- Working out
- Cooking
- Snow boarding
- Playing sports



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