

# Doug M.



Team Member Since: 2007

## Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Poker
- Sport
- Traveling



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)