

Jenn M.



Certified Personal Trainer
Master Trainer
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- Professional Fitness Training Association - Personal Trainer Certification

Hobbies and Achievements

- Travel
- CrossFit
- Hiking and Running
- Spartan Tough Mudder-type Races
- Snowboarding



For more info about this trainer,
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24hourfitness.com/personaltraining