

# Samuel W.

## Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- CPR Certification
- National Federation of Professional Trainers - Personal Trainer



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Hobbies and Achievements

Active MMA Fighter, currently 3-1  
Played Football and Basketball in High School 2006-2010  
Lift-off champion 2008-2009 at 185lbs.  
I enjoy anything out doors, love summer and hanging out with friends.  
Love watching football, basketball and UFC on my free time



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)