

Samuel W.

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- CPR Certification
- National Federation of Professional Trainers - Personal Trainer



Certified Personal Trainer
Team Member Since: 2012

Hobbies and Achievements

Active MMA Fighter, currently 3-1
Played Football and Basketball in High School 2006-2010
Lift-off champion 2008-2009 at 185lbs.
I enjoy anything out doors, love summer and hanging out with friends.
Love watching football, basketball and UFC on my free time



For more info about this trainer,
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24hourfitness.com/personaltraining